

# THE HOG'S HEAD INN

## ALLERGENS ON OUR MENUS

For those who have an allergic reaction to specific ingredients in food, even a trace of it being present can be extremely dangerous. A European Union directive has identified fourteen allergens that must be identified in every dish we serve and below is the breakdown of our menu, highlighting each allergen as it occurs in our recipes.

Many of these allergens are present in our kitchens in some items, and in the normal operation of our business we cannot guarantee product separation and no cross-contamination of traces of these allergens. There is a risk that items in your dish may have accidentally come into contact with an allergen at any point in time. When you arrive please inform us if you have a food allergy before you order. We will assist you making your menu choice, and will take all reasonable steps to minimise the risk of cross-contamination during the preparation of your meal.

*The allergens identified here are based on ingredients from our approved suppliers. From time-to-time we may have to temporarily substitute a product from a different source and the ingredients may differ slightly - if you have any concerns please ask your server to check with our chefs.*

| Celery | Crustacean | Eggs | Fish | Gluten | Lupin Flour | Milk | Molluscs | Mustard | Nut | Peanut | Sesame | Soya Beans | Sulphites |
|--------|------------|------|------|--------|-------------|------|----------|---------|-----|--------|--------|------------|-----------|
|--------|------------|------|------|--------|-------------|------|----------|---------|-----|--------|--------|------------|-----------|

### Breakfast

|                             |  |   |  |   |  |   |  |  |  |  |  |   |   |
|-----------------------------|--|---|--|---|--|---|--|--|--|--|--|---|---|
| Full Northumbrian Breakfast |  | ✓ |  | ✓ |  | ✓ |  |  |  |  |  | ✓ | ✓ |
| Full Vegetarian Breakfast   |  | ✓ |  |   |  | ✓ |  |  |  |  |  |   | ✓ |
| Toast                       |  |   |  | ✓ |  | ✓ |  |  |  |  |  |   |   |
| Eggs on Toast               |  | ✓ |  | ✓ |  | ✓ |  |  |  |  |  |   | ✓ |
| Bacon Roll                  |  | ✓ |  | ✓ |  | ✓ |  |  |  |  |  |   |   |
| Bacon & Egg Roll            |  | ✓ |  | ✓ |  | ✓ |  |  |  |  |  |   |   |
| Bacon & Sausage Roll        |  | ✓ |  | ✓ |  | ✓ |  |  |  |  |  | ✓ |   |
| Bacon, Egg & Sausage Roll   |  | ✓ |  | ✓ |  | ✓ |  |  |  |  |  | ✓ |   |
| Sausage & Egg Roll          |  | ✓ |  | ✓ |  | ✓ |  |  |  |  |  | ✓ |   |
| Sausage Roll                |  | ✓ |  | ✓ |  | ✓ |  |  |  |  |  | ✓ |   |

### Starters

|                        |  |  |  |   |  |   |   |   |  |  |  |   |   |
|------------------------|--|--|--|---|--|---|---|---|--|--|--|---|---|
| Garlic Bread Pizza     |  |  |  | ✓ |  | ✓ |   |   |  |  |  |   |   |
| Soup of the Day        |  |  |  | ✓ |  |   |   |   |  |  |  | ✓ |   |
| Shredded Duck Pancakes |  |  |  | ✓ |  |   |   |   |  |  |  |   |   |
| Garlic Mushrooms       |  |  |  | ✓ |  | ✓ |   |   |  |  |  |   |   |
| Chilli Fried Squid     |  |  |  | ✓ |  |   | ✓ |   |  |  |  | ✓ | ✓ |
| Ham Hock Terrine       |  |  |  | ✓ |  |   |   | ✓ |  |  |  |   | ✓ |

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|--------|------------|------|------|--------|-------------|------|----------|---------|-----|--------|--------|------------|-----------|
|--------|------------|------|------|--------|-------------|------|----------|---------|-----|--------|--------|------------|-----------|

## Starters (continued)

|                           |  |   |  |   |   |   |   |   |  |  |  |   |   |
|---------------------------|--|---|--|---|---|---|---|---|--|--|--|---|---|
| Prawn & Crayfish Cocktail |  | ✓ |  | ✓ |   | ✓ | ✓ |   |  |  |  | ✓ |   |
| Goat's Cheese             |  |   |  |   | ✓ |   |   |   |  |  |  |   | ✓ |
| Pulled Pork Bruschetta    |  |   |  |   | ✓ |   |   | ✓ |  |  |  | ✓ | ✓ |

## Hog's Head Classics

|                                  |   |   |   |   |   |  |   |   |  |  |  |   |   |
|----------------------------------|---|---|---|---|---|--|---|---|--|--|--|---|---|
| Steak & Ale Pie                  | ✓ |   | ✓ |   | ✓ |  | ✓ |   |  |  |  | ✓ | ✓ |
| Fish & Chips                     |   |   | ✓ | ✓ | ✓ |  |   | ✓ |  |  |  |   | ✓ |
| Scampi & Chips                   |   | ✓ | ✓ | ✓ | ✓ |  |   | ✓ |  |  |  |   | ✓ |
| Chicken Curry                    |   |   |   |   | ✓ |  | ✓ | ✓ |  |  |  |   |   |
| Gammon                           |   |   |   |   |   |  |   | ✓ |  |  |  |   | ✓ |
| Peri Peri Spiced Chicken Burger  |   |   | ✓ |   | ✓ |  | ✓ |   |  |  |  |   |   |
| Half-Pound Bacon Cheeseburger    |   |   | ✓ |   | ✓ |  | ✓ | ✓ |  |  |  |   |   |
| Quarter-Pound Pulled Pork Burger |   |   | ✓ |   | ✓ |  | ✓ | ✓ |  |  |  |   | ✓ |
| Veggie Burger                    |   |   | ✓ |   | ✓ |  | ✓ | ✓ |  |  |  |   |   |
| Sweet Chilli Skillet             |   |   |   |   |   |  |   |   |  |  |  |   |   |
| Korean Pork Stir-Fry             |   |   |   |   |   |  |   |   |  |  |  | ✓ | ✓ |
| Fillet of Beef Stroganoff        |   |   |   |   |   |  | ✓ | ✓ |  |  |  |   |   |
| Venison Steak                    |   |   |   |   | ✓ |  |   |   |  |  |  | ✓ | ✓ |
| Pan-Fried Sea Bream              |   |   |   | ✓ | ✓ |  |   | ✓ |  |  |  | ✓ | ✓ |
| Chicken & Bacon Caesar Salad     |   |   | ✓ | ✓ | ✓ |  | ✓ | ✓ |  |  |  | ✓ |   |
| Steak                            |   |   |   |   | ✓ |  |   |   |  |  |  |   | ✓ |

## Pizza

|                      |  |   |  |   |   |  |   |   |  |  |  |   |   |
|----------------------|--|---|--|---|---|--|---|---|--|--|--|---|---|
| Margherita           |  |   |  |   | ✓ |  | ✓ |   |  |  |  |   |   |
| Ham & Pineapple      |  |   |  |   | ✓ |  | ✓ |   |  |  |  |   |   |
| Pepperoni            |  |   |  |   | ✓ |  | ✓ |   |  |  |  |   |   |
| Barbecue Pulled Pork |  |   |  |   | ✓ |  | ✓ |   |  |  |  | ✓ | ✓ |
| Chicken & Mushroom   |  |   |  |   | ✓ |  | ✓ |   |  |  |  |   |   |
| Seafood              |  | ✓ |  | ✓ | ✓ |  | ✓ | ✓ |  |  |  |   |   |

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|--------|------------|------|------|--------|-------------|------|----------|---------|-----|--------|--------|------------|-----------|
|--------|------------|------|------|--------|-------------|------|----------|---------|-----|--------|--------|------------|-----------|

## Pasta

|  |  |   |   |   |  |   |   |  |   |  |  |  |   |
|--|--|---|---|---|--|---|---|--|---|--|--|--|---|
| Meatballs                              |  |   |   | ✓ |  | ✓ |   |  |   |  |  |  |   |
| Seafood Linguine                       |  | ✓ | ✓ | ✓ |  | ✓ | ✓ |  |   |  |  |  |   |
| Chicken, Mushroom & Courgette          |  |   |   | ✓ |  | ✓ |   |  | ✓ |  |  |  |   |
| Tomato & Basil                         |  |   |   | ✓ |  | ✓ |   |  |   |  |  |  |   |
| Courgette, Goat's Cheese & Pasta Salad |  |   |   | ✓ |  | ✓ |   |  | ✓ |  |  |  | ✓ |

## Sharing Boards

|                             |  |   |   |   |  |   |   |   |  |  |  |   |   |
|-----------------------------|--|---|---|---|--|---|---|---|--|--|--|---|---|
| Hog's Head Pork Ploughman's |  |   | ✓ | ✓ |  | ✓ |   |   |  |  |  | ✓ | ✓ |
| Fish Platter                |  | ✓ | ✓ | ✓ |  |   | ✓ | ✓ |  |  |  | ✓ | ✓ |

## Sides

|                               |  |  |   |   |  |   |  |   |  |  |  |   |   |
|-------------------------------|--|--|---|---|--|---|--|---|--|--|--|---|---|
| Homemade Chips                |  |  |   |   |  |   |  |   |  |  |  |   |   |
| Skinny Fries                  |  |  |   |   |  |   |  |   |  |  |  |   |   |
| Onion Rings                   |  |  |   | ✓ |  |   |  |   |  |  |  |   | ✓ |
| Steamed Mixed Seasonal Greens |  |  |   |   |  |   |  |   |  |  |  |   |   |
| Slaw                          |  |  | ✓ |   |  |   |  | ✓ |  |  |  |   |   |
| Salad                         |  |  |   |   |  |   |  | ✓ |  |  |  |   | ✓ |
| Garlic Bread Pizza            |  |  |   | ✓ |  | ✓ |  |   |  |  |  |   |   |
| Peppercorn Sauce              |  |  |   |   |  | ✓ |  |   |  |  |  | ✓ | ✓ |
| Blue Cheese Sauce             |  |  |   |   |  | ✓ |  |   |  |  |  | ✓ | ✓ |

## Desserts

|                            |  |  |   |   |  |   |  |  |  |  |   |   |   |
|----------------------------|--|--|---|---|--|---|--|--|--|--|---|---|---|
| Sticky Toffee Pudding      |  |  | ✓ | ✓ |  | ✓ |  |  |  |  |   | ✓ | ✓ |
| Chocolate Fudge Cake       |  |  | ✓ |   |  | ✓ |  |  |  |  |   |   |   |
| Cheesecake                 |  |  |   |   |  |   |  |  |  |  |   |   |   |
| Eton Mess                  |  |  | ✓ |   |  |   |  |  |  |  |   |   |   |
| Beckleberry's Ice Cream    |  |  | ✓ | ✓ |  | ✓ |  |  |  |  |   | ✓ |   |
| Cheese Board               |  |  | ✓ | ✓ |  | ✓ |  |  |  |  | ✓ | ✓ | ✓ |
| Cookies & Ice Cream Sundae |  |  | ✓ | ✓ |  | ✓ |  |  |  |  |   | ✓ |   |
| Summer Berry Sundae        |  |  | ✓ | ✓ |  | ✓ |  |  |  |  |   | ✓ |   |
| Toffee Sundae              |  |  | ✓ | ✓ |  | ✓ |  |  |  |  |   | ✓ |   |

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|--------|------------|------|------|--------|-------------|------|----------|---------|-----|--------|--------|------------|-----------|
|--------|------------|------|------|--------|-------------|------|----------|---------|-----|--------|--------|------------|-----------|

## Children's Menu

|                        |  |   |   |   |  |   |  |  |  |  |  |   |   |
|------------------------|--|---|---|---|--|---|--|--|--|--|--|---|---|
| Dough Balls            |  |   |   | ✓ |  | ✓ |  |  |  |  |  |   |   |
| Melon Slice            |  |   |   |   |  |   |  |  |  |  |  |   |   |
| Garlic Bread           |  |   |   | ✓ |  | ✓ |  |  |  |  |  |   |   |
| Vegetable Sticks       |  |   |   |   |  |   |  |  |  |  |  |   |   |
| Sausage*               |  |   |   | ✓ |  |   |  |  |  |  |  | ✓ |   |
| Burger*                |  | ✓ |   | ✓ |  | ✓ |  |  |  |  |  | ✓ |   |
| Battered Fish*         |  |   | ✓ | ✓ |  |   |  |  |  |  |  |   | ✓ |
| Pasta in Tomato Sauce* |  |   |   | ✓ |  |   |  |  |  |  |  |   |   |
| Cheese & Tomato Pizza* |  |   |   | ✓ |  | ✓ |  |  |  |  |  |   |   |
| Ice Lolly              |  |   |   |   |  |   |  |  |  |  |  |   |   |
| Fruit Platter          |  |   |   |   |  |   |  |  |  |  |  |   |   |
| Ice Cream              |  | ✓ |   |   |  | ✓ |  |  |  |  |  | ✓ |   |
| Mini Doughnuts         |  | ✓ |   | ✓ |  | ✓ |  |  |  |  |  | ✓ |   |
| Frozen Yoghurt         |  |   |   |   |  | ✓ |  |  |  |  |  |   |   |

## Sandwiches

|                                 |  |   |   |   |  |  |  |   |  |  |  |   |   |
|---------------------------------|--|---|---|---|--|--|--|---|--|--|--|---|---|
| Hot Beef Dip                    |  |   |   | ✓ |  |  |  | ✓ |  |  |  | ✓ | ✓ |
| Turkey & Cranberry              |  |   |   | ✓ |  |  |  | ✓ |  |  |  | ✓ | ✓ |
| Barbecue Pulled Pork            |  |   |   | ✓ |  |  |  | ✓ |  |  |  | ✓ | ✓ |
| Steak & Onion                   |  |   |   | ✓ |  |  |  | ✓ |  |  |  |   | ✓ |
| Goat's Cheese                   |  |   |   | ✓ |  |  |  |   |  |  |  |   | ✓ |
| Cheese, Mushroom & Leek Toastie |  |   |   | ✓ |  |  |  |   |  |  |  |   | ✓ |
| Prawn & Crayfish Ciabatta       |  | ✓ | ✓ | ✓ |  |  |  | ✓ |  |  |  |   | ✓ |

## Sunday Roast

|                  |  |   |  |   |  |   |  |  |  |  |  |   |  |
|------------------|--|---|--|---|--|---|--|--|--|--|--|---|--|
| Roast Beef       |  | ✓ |  | ✓ |  | ✓ |  |  |  |  |  | ✓ |  |
| Pork Loin        |  | ✓ |  | ✓ |  | ✓ |  |  |  |  |  | ✓ |  |
| Roast Turkey     |  | ✓ |  | ✓ |  | ✓ |  |  |  |  |  | ✓ |  |
| Vegetarian Roast |  | ✓ |  | ✓ |  | ✓ |  |  |  |  |  | ✓ |  |

\*Option can include mashed potato - which contains milk.

|        |            |      |      |        |             |      |          |         |     |        |        |            |           |
|--------|------------|------|------|--------|-------------|------|----------|---------|-----|--------|--------|------------|-----------|
| Celery | Crustacean | Eggs | Fish | Gluten | Lupin Flour | Milk | Molluscs | Mustard | Nut | Peanut | Sesame | Soya Beans | Sulphites |
|--------|------------|------|------|--------|-------------|------|----------|---------|-----|--------|--------|------------|-----------|

## From the Bakery

|                   |  |  |   |  |   |  |   |  |  |   |   |  |   |   |
|-------------------|--|--|---|--|---|--|---|--|--|---|---|--|---|---|
| Fruit Scone       |  |  | ✓ |  | ✓ |  | ✓ |  |  | ✓ | ✓ |  |   | ✓ |
| Cheese Scone      |  |  | ✓ |  | ✓ |  | ✓ |  |  | ✓ | ✓ |  |   |   |
| Teacake           |  |  | ✓ |  | ✓ |  | ✓ |  |  | ✓ | ✓ |  |   | ✓ |
| Home-Baked Cookie |  |  |   |  | ✓ |  | ✓ |  |  |   |   |  | ✓ | ✓ |

✓ = Traces