

THE HOG'S HEAD INN

ALLERGENS ON OUR MENUS

For those who have an allergic reaction to specific ingredients in food, even a trace of it being present can be extremely dangerous. A European Union directive has identified fourteen allergens that must be identified in every dish we serve and below is the breakdown of our menu, highlighting each allergen as it occurs in our recipes.

Many of these allergens are present in our kitchens in some items, and in the normal operation of our business we cannot guarantee product separation and no cross-contamination of traces of these allergens. There is a risk that items in your dish may have accidentally come into contact with an allergen at any point in time. When you arrive please inform us if you have a food allergy before you order. We will assist you making your menu choice, and will take all reasonable steps to minimise the risk of cross-contamination during the preparation of your meal.

The allergens identified here are based on ingredients from our approved suppliers. From time-to-time we may have to temporarily substitute a product from a different source and the ingredients may differ slightly - if you have any concerns please ask your server to check with our chefs.

Celery	Crustacean	Eggs	Fish	Gluten	Lupin Flour	Milk	Molluscs	Mustard	Nut	Peanut	Sesame	Soya Beans	Sulphites
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Breakfast

Full Northumbrian Breakfast			✓	✓		✓						✓	
Full Vegetarian Breakfast			✓	✓		✓							
Toast				✓		✓							
Eggs on Toast			✓	✓		✓							
Bacon Roll			✓	✓		✓							
Bacon & Egg Roll			✓	✓		✓							
Bacon & Sausage Roll			✓	✓		✓						✓	
Bacon, Egg & Sausage Roll			✓	✓		✓						✓	
Sausage & Egg Roll			✓	✓		✓						✓	
Sausage Roll			✓	✓		✓						✓	

Starters

Garlic Bread Pizza				✓		✓							
Soup of the Day	✓			✓		✓							
Potato Skins				✓								✓	
Prawn & Avocado Salsa	✓	✓	✓			✓							✓
Spicy Piri Piri Chicken Wings													
Garlic Mushrooms			✓	✓		✓							

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Starters (continued)

Roasted Red Pepper & Feta Salad				✓		✓		✓					✓
Fillet of Smoked Mackerel	✓		✓			✓		✓					

Mains

Steak & Ale Pie	✓		✓	✓		✓						✓	✓
Fish & Chips			✓	✓	✓			✓					✓
Scampi & Chips		✓	✓	✓	✓			✓					✓
Creamy Garlic Chicken						✓							
Cajun-Spiced Fillet of Hake	✓			✓				✓					✓
Oriental Style Beef & Black Bean Stir-Fry			✓		✓		✓					✓	
Mixed Vegetable Sweet Chilli Stir-Fry			✓										
Chicken Tikka Masala								✓	✓				
Chicken Jalfrezi				✓				✓	✓				

From the Broiler

Sirloin Steak				✓	✓								
Rump Steak			✓		✓								
Grilled Gammon Steak								✓					
Half Pound Angus Burger with Bacon Jam	✓		✓		✓			✓					
Grilled Chicken & Avocado Burger			✓		✓	✓							✓
Piri Piri Chicken Kebab					✓	✓							
Cajun-Spiced King Prawn Kebab	✓	✓			✓				✓				
Grilled Vegetable & Halloumi Kebab					✓	✓							

Pizza

Margherita				✓		✓							
Pepperoni				✓		✓							

Pasta

Tomato & Basil					✓	✓							
Chicken & Chorizo					✓	✓							
Seafood Linguine		✓			✓	✓							

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Salads

Prawn & Avocado Salsa		✓	✓			✓							
Chicken Tikka Salad						✓		✓					

Sides

Chunky Chips													
Mixed Salad								✓					✓
Onion Rings				✓									✓
Flatbread & Yoghurt Sauce				✓		✓							✓
Pilau Rice													
Coleslaw			✓					✓					
Green Peppercorn Sauce						✓						✓	✓
Mushroom & Stilton Sauce						✓						✓	✓
Gravy												✓	✓

Desserts

Sticky Toffee Pudding			✓	✓		✓						✓	✓
Black Forest Sundae			✓			✓							
Gluten-Free Chocolate Fudge Cake			✓			✓							
Classic Lemon Posset				✓		✓							✓
Homemade Vanilla Cheesecake				✓		✓						✓	
Banana Split						✓			✓				
Cookies & Ice Cream Sundae			✓	✓		✓			✓				
Ice-Cream Sundae of the Week			✓	✓		✓						✓	
Ice Creams & Sorbets			✓	✓		✓						✓	

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Children's Menu

Cheesy Garlic Dough Balls				✓		✓							
Melon Slice													
Carrot & Cucumber Sticks													
Fish & Chips			✓	✓									
Pork Sausages				✓								✓	
Chicken Bites				✓									
Cheese Burger				✓		✓							✓
Pasta & Tomato Sauce				✓		✓							
Children's Cold Platter				✓		✓							
Ice Lolly													
Fruit Platter													
Ice Cream			✓			✓						✓	
Mini Doughnuts			✓	✓		✓						✓	

Sandwiches

Roast Beef Stottie				✓				✓					✓
Roast Turkey & Cranberry	✓			✓								✓	
Piri Piri Chicken Wrap				✓		✓							
Grilled Vegetable & Halloumi Wrap				✓		✓							

Sunday Roast

Roast Beef			✓	✓		✓						✓	
Pork Loin			✓	✓		✓						✓	
Roast Turkey			✓	✓		✓						✓	
Vegetarian Roast			✓	✓		✓						✓	

<i>Celery</i>
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<i>Fish</i>
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<i>Lupin Flour</i>
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<i>Sesame</i>
<i>Soya Beans</i>
<i>Sulphites</i>

From the Bakery

Fruit Scone			✓		✓		✓							
Cheese Scone			✓		✓		✓							
Teacake					✓		✓							
Home-Baked Cookie					✓		✓						✓	